

## WE ARE LOOKING FOR SOMEONE WHO CAN:

- Follow directions and communicate effectively.
- Thrive in a group-based setting.
- Be successful in a fast-paced, child-led environment.
- Work independently within a team.
- Be reliable and attend scheduled sessions.

#### **APPLY TODAY:**





#### **YOUTH VOLUNTEERS:**

- ✓ Must be in 8<sup>th</sup> grade or older.
- Must complete a Volunteer Application.
- Parent and volunteer must review and sign the Volunteer Handbook.
- Attend a Volunteer Training.
- Get ready to make memories and make an impact!

### COLLEGE/COMMUNITY VOLUNTEERS

- Submit a Volunteer Application.
- Volunteer must review and sign the Volunteer Handbook.
- Interview with the Volunteer Coordinator.
- ✓ Complete a Background Check.
- Be selected to participate in the Volunteer Program.

APPLY TODAY:









## VOLUNTEER COMMITMENT

Are you ready to make a difference for families in your community?

### **WHAT WE ASK:**

- 7 hours a month (2 sessions)
- Communicate with the Volunteer Coordinator.
- Show up and stand out your consistency changes lives!

APPLY TODAY:



# BENEFITS OF VOLUNTEERING:

- Gain hands-on experience working with children and young adults with disabilities.
- Build critical college and career readiness skills.
- Obtain letters of recommendation and resume support.
- Most importantly, provide life-saving relief for families in your community!



# WHAT DOES TRAINING INCLUDE?

- Meet your staff and fellow volunters.
- Intro to FRC's mission, vision, and values.
- A summary of sessions that explore strategies for working with youth and effectively supporting the population we serve.
- Activities to support communication and inclusion.
- Experience a staff-led tour of the center.

#### **APPLY TODAY:**

